

HS.	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00		SPORTFUNCTIONAL		SPORTFUNCTIONAL			
08:00	FUNCTIONAL	NATACIÓN CROSSFIT SPORTCYCLE	FUNCTIONAL	CROSSFIT SPORTCYCLE NATACIÓN	FUNCTIONAL		
08:30		POWER LOCAL		POWER LOCAL			
09:00						SPORTFUNCTIONAL	
09:30		ZUMBA		ZUMBA			
10:00	STRETCHING		STRETCHING		STRETCHING	CROSSFIT AQUAGYM	
10:30		AQUAGYM		AQUAGYM			
11:00	PILATES MAT		PILATES MAT		PILATES MAT	SPORTCYCLE RITMOS LATINOS SPORTFUNCTIONAL	
12:00						GAP	
13:00	SPORTFUNCTIONAL	POWER LOCAL	SPORTFUNCTIONAL	POWER LOCAL	SPORTFUNCTIONAL		
15:00	AQUAGYM		AQUAGYM		AQUAGYM		
16:00						FUNCTIONAL	
17:00						SPORTCYCLE	
18:00	CROSSFIT ZUMBA	GAP FUNCTIONAL	CROSSFIT ZUMBA	FUNCTIONAL GAP	ZUMBA CROSSFIT		
19:00	NATACIÓN CROSSFIT LOCALIZADA 100% ABDOMINALES	100% ABDOMINALES RITMOS LATINOS FUNCTIONAL SPORTCYCLE	NATACIÓN CROSSFIT LOCALIZADA 100% ABDOMINALES	SPORTCYCLE 100% ABDOMINALES RITMOS LATINOS FUNCTIONAL	NATACIÓN 100% ABDOMINALES CROSSFIT LOCALIZADA		
19:30	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE		
20:00	BODY COMBAT CROSSFIT	NATACIÓN SPORTCYCLE YOGA FUNCTIONAL	BODY COMBAT CROSSFIT	NATACIÓN SPORTCYCLE YOGA FUNCTIONAL	BODY COMBAT CROSSFIT		
20:30	SPORTCYCLE		SPORTCYCLE		SPORTCYCLE		

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