

HORARIOS DE ACTIVIDADES

| HS. | LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-------|-------------------------------------|-----------------------------------|-------------------------------|-----------------------------------|-------------------------------|-----------------------|---------|
| 08:30 | | KANGOO POWER | | KANGOO POWER | | | |
| 08:45 | POWER LOCAL SPORTCYCLE | | SPORTCYCLE POWER LOCAL | | SPORTCYCLE POWER LOCAL | | |
| 09:00 | SPORT FUNCTIONAL | SPORTCYCLE | SPORT FUNCTIONAL | SPORTCYCLE | SPORT FUNCTIONAL | | |
| 09:30 | | POWER LOCAL | | POWER LOCAL | | | |
| 09:45 | LOCALIZADA | | LOCALIZADA | | LOCALIZADA | | |
| 10:00 | 100% ABDOMINALES | 100% ABDOMINALES | 100% ABDOMINALES | 100% ABDOMINALES | 100% ABDOMINALES | SPORTCYCLE | |
| 10:30 | | ZUMBA | | ZUMBA | | SPORT FUNCTIONAL YOGA | |
| 11:00 | YOGA | | YOGA | | YOGA | | |
| 11:30 | | | | | | KANGOO POWER | |
| 12:00 | | STRETCHING | | STRETCHING | | | |
| 12:30 | | | | | | ZUMBA | |
| 13:30 | SPORTCYCLE | SPORTCYCLE | SPORTCYCLE | SPORTCYCLE | SPORTCYCLE | | |
| 14:30 | ZUMBA 100% ABDOMINALES | 100% ABDOMINALES | 100% ABDOMINALES ZUMBA | 100% ABDOMINALES | 100% ABDOMINALES ZUMBA | | |
| 15:00 | | PILATES MAT | | PILATES MAT | | | |
| 15:15 | LOCALIZADA | | LOCALIZADA | | LOCALIZADA | | |
| 17:00 | | STRETCHING | | STRETCHING | | | |
| 17:30 | | PATIN INFANTIL TAEKWONDO INFANTIL | | TAEKWONDO INFANTIL PATIN INFANTIL | | | |
| 18:00 | LOCAL MIX TRAINING ZUMBA SPORTCYCLE | ZUMBA YOGA | LOCAL MIX TRAINING SPORTCYCLE | ZUMBA YOGA | LOCAL MIX TRAINING SPORTCYCLE | | |
| 18:30 | | | ESCUELA DE ROLLER | | ESCUELA DE ROLLER | | |
| 19:00 | SPORTCYCLE KANGOO POWER | SPORTCYCLE LOCALIZADA INT. | SPORTCYCLE KANGOO POWER | SPORTCYCLE LOCALIZADA INT. | SPORTCYCLE KANGOO POWER | | |

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|--------------|--|--|--|--|---------------------|--|--|
| 19:30 | SPORT FUNCTIONAL | SALIDAS A CORRER SPORT FUNCTIONAL | SPORT FUNCTIONAL | SPORT FUNCTIONAL SALIDAS A CORRER | SPORT FUNCTIONAL | | |
| 20:00 | KANGOO POWER 100% ABDOMINALES | 100% ABDOMINALES | KANGOO POWER 100% ABDOMINALES | 100% ABDOMINALES | 100% ABDOMINALES | | |
| 20:30 | BOXEO | | BOXEO | | | | |