

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	STRETCHING SPORTCYCLE	PILATES MAT TULUKA	SPORT FUNCTIONAL YOGA	TULUKA	SPORTCYCLE STRETCHING		
08:30			SPORTCYCLE				
09:00	SPORT FUNCTIONAL				SPORT FUNCTIONAL		
09:30						YOGA	
10:30						BODY COMBAT	
11:30						TULUKA POWER JUMP	
13:00	SPORT FUNCTIONAL		SPORT FUNCTIONAL		SPORT FUNCTIONAL		
14:00	ZUMBA		ZUMBA		ZUMBA		
18:00	TULUKA	TULUKA SPORTCYCLE	TULUKA	SPORTCYCLE TULUKA	TULUKA GAP		
19:00	SPORTCYCLE TULUKA ZUMBA	POWER JUMP SPORTCYCLE TULUKA	TULUKA SPORTCYCLE	TULUKA SPORTCYCLE BODY COMBAT	SPORTCYCLE TULUKA AERO LATINO		
19:30	100% ABDOMINALES	100% ABDOMINALES	100% ABDOMINALES	100% ABDOMINALES	100% ABDOMINALES		
20:00	SPORTCYCLE SPORT FUNCTIONAL TULUKA	BODY COMBAT TULUKA	SPORTCYCLE SPORT FUNCTIONAL TULUKA	POWER JUMP TULUKA	SPORTCYCLE SPORT FUNCTIONAL TULUKA		
21:00	TULUKA	TULUKA	TULUKA	TULUKA	TULUKA		