

# HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:30	SPORTCYCLE	SPORTFUNCTIONAL	SPORTCYCLE	SPORTFUNCTIONAL	SPORTCYCLE		
09:00	SPORTFUNCTIONAL OUTDOOR		SPORTFUNCTIONAL OUTDOOR		SPORTFUNCTIONAL OUTDOOR		
09:30						SPORTFUNCTIONAL SPORTCYCLE	
10:30	STRETCHING	YOGA	STRETCHING	YOGA	STRETCHING	RITMOS RECREATIVOS	
11:00						RITMOS LATINOS	
11:30						LOCALIZADA	
12:00						GAP OUTDOOR	
12:30						STRETCHING	
13:30						SPORTCYCLE	
18:30	SPORTCYCLE SPORTFUNCTIONAL	RITMOS RECREATIVOS	SPORTCYCLE SPORTFUNCTIONAL	RITMOS RECREATIVOS	SPORTFUNCTIONAL SPORTCYCLE		
19:00	ZUMBA OUTDOOR	SPORTFUNCTIONAL OUTDOOR	ZUMBA OUTDOOR	GAP OUTDOOR	SPORTFUNCTIONAL OUTDOOR		
19:30	SPORTFUNCTIONAL SPORTCYCLE	PILATES	SPORTCYCLE SPORTFUNCTIONAL	PILATES	SPORTCYCLE SPORTFUNCTIONAL		
20:00	SPORTFUNCTIONAL OUTDOOR	HARD TRAINING	SPORTFUNCTIONAL OUTDOOR	SPORTFUNCTIONAL OUTDOOR	HARD TRAINING		