

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	TULUKA		TULUKA		TULUKA		
08:00	SPORTCYCLE	SPORTFUNCTIONAL SPORTCYCLE	SPORTCYCLE	SPORTFUNCTIONAL SPORTCYCLE	SPORTCYCLE		
09:00	BODY COMBAT ROWING CLASS	BODY PUMP TULUKA	ROWING CLASS BODY COMBAT	BODY PUMP TULUKA	BODY COMBAT ROWING CLASS		
10:00	BODY PUMP SPORTFUNCTIONAL		POWER LOCAL SPORTFUNCTIONAL		BODY PUMP SPORTFUNCTIONAL	SPORTCYCLE	
11:00		YOGA		YOGA		LOCALIZADA TULUKA	
12:00						YOGA	
14:00	ZUMBA		ZUMBA		ZUMBA		
16:30		AQUA GYM		AQUA GYM			
17:00	TULUKA	TULUKA	TULUKA	TULUKA	TULUKA		
18:00	POWER JUMP ROWING CLASS	SPORTFUNCTIONAL POWER LOCAL	ROWING CLASS POWER JUMP	POWER LOCAL SPORTFUNCTIONAL	ROWING CLASS POWER JUMP		
19:00	SPORTCYCLE BODY PUMP SPORTFUNCTIONAL YOGA	SPORTCYCLE MIX DANCE	SPORTCYCLE BODY PUMP SPORTFUNCTIONAL YOGA	SPORTCYCLE MIX DANCE	SPORTCYCLE BODY PUMP SPORTFUNCTIONAL YOGA		
20:00	SPORTFUNCTIONAL SPORTCYCLE BODY COMBAT	GAP SPORTCYCLE STRETCHING	SPORTFUNCTIONAL SPORTCYCLE BODY COMBAT	SPORTCYCLE STRETCHING GAP	SPORTCYCLE BODY COMBAT SPORTFUNCTIONAL		
21:00	SPORTFUNCTIONAL	TULUKA	SPORTFUNCTIONAL	TULUKA	SPORTFUNCTIONAL		

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