

HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	SPORTCYCLE	ENTRENAMIENTO FUNCIONAL	SPORTCYCLE	ENTRENAMIENTO FUNCIONAL	SPORTCYCLE		
09:00		FORTALEZA VITAL		FORTALEZA VITAL			
10:00						RUNNING	
12:00	YOGA	STRETCHING	YOGA	STRETCHING	YOGA	SPORTCYCLE	
13:00	SPORTFUNCTIONAL	ENTRENAMIENTO FUNCIONAL SPORTCYCLE	SPORTFUNCTIONAL	ENTRENAMIENTO FUNCIONAL SPORTCYCLE	SPORTFUNCTIONAL	SPORTFUNCTIONAL	
18:00	SPORTFUNCTIONAL	SPORTFUNCTIONAL RITMOS	SPORTFUNCTIONAL	RITMOS SPORTFUNCTIONAL	BIOENERGÍA SPORTFUNCTIONAL		
19:00	YOGA SPORTFUNCTIONAL	SPORTCYCLE SPORTFUNCTIONAL	YOGA SPORTFUNCTIONAL	SPORTCYCLE SPORTFUNCTIONAL	SPORTFUNCTIONAL YOGA		
20:00	SPORTCYCLE	POWER LOCAL	SPORTCYCLE TAEKWONDO INFANTIL TAEKWONDO (ADULTOS)	POWER LOCAL	SPORTCYCLE TAEKWONDO (ADULTOS) TAEKWONDO INFANTIL		