

## HORARIOS DE ACTIVIDADES

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
<b>07:30</b>	YOGA	SPORTCYCLE	YOGA	SPORTCYCLE			
<b>08:30</b>	FUNCTIONAL		FUNCTIONAL		FUNCTIONAL		
<b>09:30</b>	LOCALIZADA		LOCALIZADA		LOCALIZADA		
<b>10:30</b>						SPORTCYCLE LOCALIZADA	
<b>11:30</b>						STRETCHING	
<b>13:15</b>	FUNCTIONAL	HIIT SPORTCYCLE	FUNCTIONAL	SPORTCYCLE HIIT	FUNCTIONAL		
<b>17:15</b>	BODY COMBAT	LOCALIZADA	BODY COMBAT	LOCALIZADA	BODY COMBAT		
<b>18:15</b>	SPORTCYCLE ZUMBA	STRETCHING SPORTCYCLE	ZUMBA SPORTCYCLE	STRETCHING SPORTCYCLE	ZUMBA SPORTCYCLE		
<b>19:15</b>	SPORTCYCLE PUMP	SPORTCYCLE RITMOS LATINOS	SPORTCYCLE PUMP	SPORTCYCLE RITMOS LATINOS	SPORTCYCLE PUMP		
<b>20:15</b>	SPORTCYCLE FUNCTIONAL	FUNCTIONAL SPORTCYCLE	SPORTCYCLE FUNCTIONAL	SPORTCYCLE FUNCTIONAL	FUNCTIONAL SPORTCYCLE		