

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
08:00	SPORTCYCLE BODY PUMP	SPORTCYCLE	BODY PUMP SPORTCYCLE	SPORTCYCLE	BODY PUMP SPORTCYCLE		
08:30		SPORTFUNCTIONAL		SPORTFUNCTIONAL			
09:00	LOCALIZADA		LOCALIZADA		LOCALIZADA		
09:30		GAP STRETCHING		GAP STRETCHING		SPORTFUNCTIONAL SPORTCYCLE	
10:00	ZUMBA		ZUMBA		ZUMBA		
10:30		YOGA		YOGA		RITMOS RECREATIVOS	
11:00	STRETCHING		STRETCHING		STRETCHING		
11:30						LOCALIZADA	
12:30						STRETCHING	
13:30						SPORTCYCLE	
16:30		GAP		GAP			
17:30	LOCALIZADA	SPORTFUNCTIONAL	LOCALIZADA	SPORTFUNCTIONAL	LOCALIZADA		
18:30	SPORTCYCLE SPORTFUNCTIONAL	STRETCHING RITMOS RECREATIVOS	SPORTCYCLE SPORTFUNCTIONAL	STRETCHING RITMOS RECREATIVOS	SPORTCYCLE SPORTFUNCTIONAL		
19:30	SPORTCYCLE SPORTFUNCTIONAL	PILATES SPORTFUNCTIONAL	SPORTCYCLE SPORTFUNCTIONAL	PILATES SPORTFUNCTIONAL	SPORTCYCLE SPORTFUNCTIONAL		
20:30	SPORTFUNCTIONAL		SPORTFUNCTIONAL		SPORTFUNCTIONAL		

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