

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:00	HIIT		HIIT		HIIT		
08:00	SPORTFUNCTIONAL	SPORTCYCLE TULUKA	SPORTFUNCTIONAL	TULUKA SPORTCYCLE	SPORTFUNCTIONAL		
09:00	SPORTCYCLE STRETCHING	BODY PUMP	SPORTCYCLE STRETCHING	BODY PUMP	STRETCHING SPORTCYCLE		
10:00	LOCALIZADA		LOCALIZADA		LOCALIZADA	BODY PUMP	
11:00						SPORTCYCLE LOCALIZADA BODY ATTACK	
12:00						ZUMBA	
13:00	SPORTFUNCTIONAL		SPORTFUNCTIONAL		SPORTFUNCTIONAL		
17:00		GAP		GAP		POWER JUMP	
18:00	LOCALIZADA	SPORTFUNCTIONAL BODY PUMP	LOCALIZADA	SPORTFUNCTIONAL BODY PUMP	LOCALIZADA		
19:00	SPORTCYCLE TULUKA BODY PUMP	SPORTCYCLE POWER JUMP TULUKA	SPORTCYCLE TULUKA BODY PUMP	SPORTCYCLE POWER JUMP TULUKA	SPORTCYCLE BODY PUMP TULUKA		
20:00	SPORTCYCLE TULUKA BODY COMBAT	TULUKA ZUMBA	BODY COMBAT SPORTCYCLE TULUKA	ZUMBA TULUKA	BODY COMBAT SPORTCYCLE TULUKA		
21:00	YOGA		YOGA		YOGA		

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