

HORARIOS DE CLASE

HS.	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
07:30	YOGA	SPORTCYCLE	YOGA	SPORTCYCLE			
08:30	FUNCTIONAL		FUNCTIONAL		FUNCTIONAL		
09:30	LOCALIZADA		LOCALIZADA		LOCALIZADA		
10:30						SPORTCYCLE LOCALIZADA	
11:30						STRETCHING	
13:15	FUNCTIONAL	HIIT SPORTCYCLE	FUNCTIONAL	SPORTCYCLE HIIT	FUNCTIONAL		
17:15	BODY COMBAT	LOCALIZADA	BODY COMBAT	LOCALIZADA	BODY COMBAT		
18:15	SPORTCYCLE ZUMBA	STRETCHING SPORTCYCLE	ZUMBA SPORTCYCLE	STRETCHING SPORTCYCLE	ZUMBA SPORTCYCLE		
19:15	SPORTCYCLE PUMP	SPORTCYCLE RITMOS LATINOS	SPORTCYCLE PUMP	SPORTCYCLE RITMOS LATINOS	SPORTCYCLE PUMP		
20:15	SPORTCYCLE FUNCTIONAL	FUNCTIONAL SPORTCYCLE	SPORTCYCLE FUNCTIONAL	SPORTCYCLE FUNCTIONAL	FUNCTIONAL SPORTCYCLE		

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